Article

Alternative Mode of E-Site tRNA Binding in the Presence of a Downstream mRNA Stem Loop at the Entrance Channel

Graphical Abstract

Highlights
- Cryo-EM structures of the 70S bound to an mRNA stem loop reveal interactions with uS3
- E-site tRNA shows a unique conformation in the presence of the mRNA stem loop
- E-site tRNA forms interactions with the 30S head domain
- Structured mRNAs regulate the conformation of tRNAs to affect translation

Authors
Yan Zhang, Samuel Hong, Ajchareeya Ruangprasert, Georgios Skiniotis, Christine M. Dunham

Correspondence
yiorgo@stanford.edu (G.S.), christine.m.dunham@emory.edu (C.M.D.)

In Brief
Zhang, Hong et al. solved cryo-EM structures of the 70S ribosome interacting with mRNA containing a stem loop at the mRNA entrance channel. The study provides insight into how the stem loop interacts with uS3 and into the conformation of the E-site tRNA, suggesting how structured mRNAs affect translation.

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SUMMARY

Structured mRNAs positioned downstream of the ribosomal decoding center alter gene expression by slowing protein synthesis. Here, we solved the cryo-EM structure of the bacterial ribosome bound to an mRNA containing a 3’ stem loop that regulates translation. Unexpectedly, the E-site tRNA adopts two distinct orientations. In the first structure, normal interactions with the 50S and 30S E site are observed. However, in the second structure, although the E-site tRNA makes normal interactions with the 50S E site, its anticodon stem loop moves ~54 Å away from the 30S E site to interact with the 30S head domain and 50S uL5. This position of the E-site tRNA causes the uL1 stalk to adopt a more open conformation that likely represents an intermediate state during E-site tRNA dissociation. These results suggest that structured mRNAs at the entrance channel restrict 30S subunit movement required during translation to slow E-site tRNA dissociation.

INTRODUCTION

Ribosomes decode three-nucleotide mRNA codons into polypeptide sequences with a ~20 amino acids/second rate of incorporation into the growing nascent chain (Zaher and Green, 2009). This rate is influenced by both tRNA cellular abundance and the ability of mRNAs to adopt secondary structures that impede the helicase activity of the ribosome (Jacobson and Clark, 2016; Rodnina and Wintermeyer, 2016). In the latter case, these stable mRNA structures slow translation by impeding the movement of tRNAs (translocation) through the ribosome and by decreasing the rate at which the exit (E)-site tRNA (E-tRNA) is ejected (Wen et al., 2008; Chen et al., 2013; Caliskan et al., 2014; Kim et al., 2014). Reducing the stability of structured mRNAs reverts translocation back to normal rates even though slow dissociation of E-tRNA persists (Chen et al., 2013). These studies indicate that structured mRNAs can decouple translocation and E-tRNA ejection, but the molecular mechanism for this decoupling is unclear (Chen et al., 2013).

Here, we performed biochemical structure probing and determined a cryoelectron microscopy (cryo-EM) structure at near-atomic resolution of the 70S ribosome programmed with mRNA containing a downstream guanosine- cytosine (GC)-rich stem loop. The stem loop of this mRNA is from the Escherichia coli dnaX mRNA, which undergoes ~1 frameshifting in the context of this stem loop, an internal Shine-Dalgarno region, and a polynucleotide sequence (Tsuchihashi and Kornberg, 1990; Tsuchihashi and Brown, 1992; Larsen et al., 1994, 1997). The 3’ stem loop of the dnaX mRNA induces a hyper-rotated state during ribosomal elongation (Qin et al., 2014) and affects ribosome dynamics and tRNA translocation (Kim et al., 2014; Chen et al., 2014). We find that the stem loop mainly forms interactions with ribosomal protein uS3, a helicase protein located at the surface of the mRNA entrance channel (“u” stands for universal according to the recently adopted ribosomal protein nomenclature [Ban et al., 2014]). Unexpectedly, the E-tRNA exists in two different positions, providing insights into how structured mRNAs influence tRNA movement on the ribosome. These results suggest that the mRNA stem loop may restrict or interfere with dynamic 30S movements during ribosomal translocation and thus slow dissociation of E-tRNA.

https://doi.org/10.1016/j.str.2018.01.013
RESULTS

The mRNA Stem Loop Forms in Context of the 70S Ribosome

Previous single-molecule fluorescence resonance energy transfer (smFRET) experiments of mRNA stem loops and pseudoknots downstream of the ribosome decoding center or aminoacyl (A) site revealed that these mRNAs slow protein synthesis (Kim et al., 2014; Chen et al., 2013, 2014; Qin et al., 2014; Chen et al., 2013). To address whether such mRNAs adopt a partially or fully formed stem loop, we formed 70S ribosome complexes with mRNA containing the 3’ stem loop, 5’-UAGGGAUAARAA AUG UUU AUG UC CCC, and P-site tRNAfMet, and A-site tRNAPhe, and performed SHAPE (selective 2’-hydroxyl acylation analyzed by primer extension) analysis of the mRNA (Figure 1) (Smola et al., 2015). Our analysis revealed lower N-methylisatoic anhydride (NMIA) reactivity for nucleotides 13–17, 20–23, and 29–31, suggesting that these nucleotides form a nine-nucleotide base-paired stem (Figures 1A and 1B; the first P-site codon nucleotide is numbered as +1). Nucleotide C13 demarcates the first base-paired nucleotide of the stem loop, and the nucleotides to the stem (nucleotides 13–17) form base-pairing interactions as assessed by the lack of NMIA reactivity. Residues predicted to form single-stranded or bulged regions (nucleotides A18 and G35) show increased levels of NMIA reactivity, confirming that these nucleotides do not form base-pairing interactions. The five nucleotides in the loop (24–28) are also relatively flexible, with nucleotides U24 and A25 displaying high NMIA reactivity, suggesting highly dynamic and flexible nucleotides. Loop nucleotide C26 and predicted bulged nucleotide C32 are less dynamic, suggesting that these residues may be forming tertiary interactions with either other mRNA regions or the ribosome itself. Nucleotides 29–31 and 33–34 located in the 3’ part of the stem loop are involved in base-pairing interactions, while further toward the base of the stem, nucleotides 37–40 show increasing levels of NMIA reactivity. These data indicate that the stem loop is formed adjacent to the mRNA entrance channel.

Structure of the mRNA Stem Loop Bound to the 70S

In an attempt to understand the structural basis for how the 3’ stem loop regulates translation, we solved a high-resolution cryo-EM structure of the Thermus thermophilus 70S bound to the same mRNA as in the smFRET studies (Qin et al., 2014). The 70S was programmed with P- and A-site tRNAs, and mRNA containing the downstream GC-rich 3’ stem loop (Figure 1A). Three-dimensional (3D) classification of cryo-EM particle projections showed three distinct ribosomal complexes: 70S bound to both P- and E-tRNAs, 70S bound to E-tRNA, and the large ribosomal subunit alone (Figure S1, related to Figure 1). Refinement of the structure corresponding to 70S bound to both P- and E-tRNAs showed a low-pass filtered 10 Å cryo-EM map with a global resolution of 3.1 Å and revealed the ribosome in a non-rotated conformation (Table 1, Figures S1 and S2, related to Figure 1). The map shows excellent map density for the P-tRNA; however, there is little to no density for the A-tRNA, the A-site mRNA codon (+4 to +6 nucleotides), and the large ribosomal subunit alone (Figure S1, related to Figure 1). The map shows excellent map density for the P-tRNA; however, there is little to no density for the A-tRNA, the A-site mRNA codon (+4 to +6 nucleotides), and the large ribosomal subunit alone (Figure S1, related to Figure 1).
Table 1. Model Building and Refinement

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The Anticodon Stem Loop of the E\textsuperscript{out} tRNA Forms Interactions with the 30S Head Domain

The Ribosomal Protein uS3

uS3, uS4, and uS5 are RNA helicase proteins located at the ribosome entrance channel on the 30S subunit (Takyar et al., 2005). A number of uS3 and uS4 arginine and lysine residues were predicted to contribute to this helicase activity; in these experiments, upon mutation to alanine, the ribosome was unable to unwind the nucleic acid duplex, likely due to the lack of electrostatic interactions with the mRNA phosphate backbone (Takyar et al., 2005). Considering that stable structured mRNAs can slow the rate of translation (Qu et al., 2011; Chen et al., 2013, 2014; Caliskan et al., 2014; Kim et al., 2014; Chen et al., 2014), a partial or full stem loop is predicted to be adjacent to uS3, uS4, and uS5. To clearly visualize the mRNA density along its path, we applied a 10-Å low-pass filter to the difference map generated between the model and the cryo-EM maps. The map shows that the stem loop, which is reconstructed at low resolution (7–10 Å) likely due to its inherent positional flexibility, interacts with uS3, uS4, and uS5 at the entrance of the mRNA channel (Figure 2A). The densities for uS3, uS4, and uS5 are resolved at near-atomic resolution (3–4 Å).

At the entrance of the mRNA channel, residues Arg49 and Arg50 of uS4 and Arg15 and Arg25 of uS5 are proximal to the mRNA (Figures 2B and 2C). In addition to pointing towards the mRNA path, uS4 Arg50 also forms interactions with the mRNA region S\textsuperscript{3} to the stem loop. Arg44 and Arg47 of uS4 in E. coli were previously shown to be critical for ribosomal helicase activity, consistent with our structure in which the corresponding region within the uS4 α1–α2 linker (containing E. coli Arg47 or T. thermophilus Arg49) is proximal to the mRNA path (Figure 2; Figure S5B, related to Figure 2). uS5 variants R19A/R28A (T. thermophilus R15/R24) had little effect on activity (Takyar et al., 2005), and our structure suggests that this is likely because each side chain faces the opposite direction of the mRNA path (Figure 2; Figure S5B, related to Figure 2). Instead, the side chains of uS5 residues Gln56 and Arg63 face toward the mRNA path (Figures 2B and 2C). Although the density surrounding the stem loop is not of sufficient resolution to discern electrostatic interactions, the base of the stem loop primarily interacts with uS3 x5 and x6 while the apical stem nucleotides and possibly the loop region interact with x3 (Figures 2B and 2C). Consistent with this interpretation, mutating uS3 residues Arg131, Arg132, and Lys135 results in defective helicase activity (Takyar et al., 2005). The side chains of Arg131 and Lys135 face away from the path while residues Arg132 and Gln136 side chains are directed toward the mRNA (Figures 2B and 2C). uS3 residues located adjacent to the mRNA path include Lys72, Arg119, Gln139, and Glu143, which have not been previously proposed to interact with mRNA (Figure 2C). The close interaction between the stem loop and uS3 is functionally important because uS3 is associated with the 30S head domain while uS4 and uS5 are associated with the 30S body domain. The 30S head domain moves substantially during translocation of the tRNAs (Ratje et al., 2010; Tourigny et al., 2013; Zhou et al., 2014; Wasserman et al., 2016; Belardelli et al., 2016), and if the stem loop associates closely with uS3, this placement may interfere with translocation (see Figure 6B).

The Interactions of the mRNA Stem Loop with 30S Ribosomal Protein uS3

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Korostelev et al., 2006) (Figure 3A). The second conformation has a global resolution of 3.2 Å and adopts a very different conformation than the Ein tRNA (Figures 1D and 3; Figure S1, related to Figure 1). In this E-tRNA conformation that we call Eout, nearly all interactions of the E-tRNA acceptor arm with helix H88 are maintained with the 50S E site (Figure 3). However, the anticodon stem loop pivots at the acceptor stem, moving the anticodon stem loop 54 Å away from the 30S E site and, thus, from the mRNA path (Figure 3B). In this orientation, the anticodon stem loop of the Eout tRNA forms new interactions with the 30S head domain including uS7 (loop residues 112–115), uS13 (residues 10–13), and 16S rRNA helix h42 (nucleotides 1,295–1,304) as well as the 50S protein uL5 (loop residues 145–150) (Figure 3A).

The Eout tRNA Causes uL1 to Adopt an Intermediate Open Conformation

The solvent-exposed, flexible uL1 stalk adopts different conformations depending on the location of the E-tRNA (Fei et al., 2008; Cornish et al., 2009). During the elongation cycle, tRNA is decoded at the A site, transits to the P site after peptidyl transfer, and finally occupies the E site before leaving the ribosome. When the E site is empty during initiation, the uL1 stalk is flexible and can alternate between open and closed conformations (Fei et al., 2008; Munro et al., 2010; Cornish et al., 2009). After peptide bond formation, the two tRNAs move on the 50S to P/E and A/P hybrid states (P/E denotes the anticodon stem-loop location on the 30S P site and the acceptor arm of the tRNA on the 50S E site; A/P denotes the anticodon stem-loop location on the 30S A site and the acceptor arm of the tRNA on the 50S P site), and the 30S subunit rotates (Dunkle et al., 2011). In this hybrid state, the uL1 stalk assumes a fully closed conformation, blocking the E-tRNA from exiting (Tourigny et al., 2013; Bock et al., 2013) (Figure 4A; uL1P/E). After translocation of the tRNAs to E/E and P/P locations, the uL1 protuberance moves away from the 30S to assume a half-closed conformation (Figure 3B; uL1in; “in” refers to the corresponding Ein tRNA state) (Selmer et al., 2006). In the case of the Eout tRNA seen in our structure, the uL1 protein further moves by 20 Å to a more open conformation (Figure 3B; compare uL1in with uL1out). Our structure shows that the Eout tRNA directly affects the location of uL1, consistent with other studies where the location of the E-tRNA affects uL1 conformational dynamics (Fei et al., 2008; Cornish et al., 2009). The uL1out position we observe appears to be at a later stage in the E-tRNA dissociation pathway when compared with a fully closed state (P/E hybrid tRNA bound) and a half-closed state (E/E tRNA bound). These comparisons suggest that we have trapped a conformational intermediate during E-tRNA dissociation (Figure 4B). In additional support of this, the uL1out conformation we find is less open than uL1exit (Figure 4B; compare uL1out and uL1exit), a state that appears to be further along the E-tRNA ejection pathway than what we observe (Figure 5; tRNAexit; see Discussion below).
DISCUSSION

The mRNA bound to the 70S used in this study has a modified *E. coli* dnaX-like sequence containing a 3’ stem loop, which disrupts ribosome dynamics by inducing a hyper-rotated state (Qin et al., 2014) or slowing the movement of tRNAs through the ribosome (Kim et al., 2014; Chen et al., 2013, 2014). Our structures reveal a non-rotated ribosome with an unexpected E-tRNA conformation when the mRNA stem loop is positioned at the entrance channel. This structure is consistent with prior studies showing that complex mRNA secondary structures located downstream of the decoding center prevent hybrid state formation (Kim et al., 2014) and affect E-tRNA dissociation and translocation (Chen et al., 2013, 2014).

The primary interactions with the downstream mRNA stem loop are mediated by ribosomal helicase protein uS3, a component of the 30S head domain located at the mRNA entrance channel. In contrast, the other helicase proteins uS4 and uS5, which are part of the ribosome shoulder domain, make minimal interactions with the stem loop (Figure 2). During decoding of tRNAs at the A site, both the head and shoulder domains move relative to one another to signal recognition of a cognate interaction with the mRNA (Ogle et al., 2002) (Figure 6A). Translocation requires large-scale ratcheting of the 30S subunit followed by head domain swiveling during which uS3 is displaced by 12–14 Å, while uS4 and uS5 remain largely unperturbed (Zhou et al., 2013, 2014). Although the A and E sites are located on opposite sides of the ribosome, these regions are connected by 16S rRNA (Figure 6B). The Eout tRNA interacts with helix h42, a 16S rRNA helix that is connected to the decoding center helix h44 via the long helix h43 (Figure 6B). One possibility is that the stem loop may lock uS3 in a conformation that prevents 30S head domain movement. The inhibition of such dynamics would interfere with tRNA movement, in turn, slowing the dissociation of the E-tRNA, consistent with smFRET experiments (Kim et al., 2014; Chen et al., 2013, 2014). Whether this signal is communicated to the E site via helices h42/h43/44 to slow Eout tRNA ejection is unknown.

The anticodon stem loop of the Eout tRNA no longer interacts with mRNA in the 30S E site and instead forms interactions with the 30S head domain including uS7, uS13, 16S rRNA helix h42, and 50S protein uL5 (Figure 3A). Noncognate, deacylated tRNA is bound in the E site, and it is unclear whether it is tRNAPhe (anticodon 5’-GAA-3’) or tRNAfMet (anticodon 5’-CAU-3’). However, regardless of which tRNA is bound, the interaction is noncognate in nature (the E-site mRNA codon is AAA). Numerous ribosome structures have been determined in which deacylated tRNA is bound at the E site and forms a noncognate interaction; yet, in all these structures, the overall location of the E-tRNA conforms to a canonical Ein position (Yusupov et al., 2001; Selmer et al., 2006; Korostelev et al., 2006). The inability to observe the Eout tRNA position in previous studies could arise from a transient nature of this conformation, which would therefore not be observed in structural studies using X-ray crystallography. However, in the presence of the downstream structured mRNA the dissociation of E-tRNA is slowed, allowing this state to be
populated to a greater extent, thus explaining its visualization in our cryo-EM analysis.

In two previous cryo-EM studies, the E-tRNA was also found to occupy multiple positions, the most relevant to this study being the “E2” (Agrawal et al., 2000) and “POST3” states (Fischer et al., 2010). Since they are both very similar, we refer to them collectively as E\textsuperscript{exit} tRNA (Figure 5). In these two structures, the E\textsuperscript{exit} tRNA also only interacts with the 50S subunit, and this E-tRNA position has been proposed to be an intermediate state preceding tRNA ejection (Fischer et al., 2010) (Figure 5A). The E\textsuperscript{exit} tRNA does not interact with either normal 50S or 30S E sites but instead interacts exclusively with the uL1 protein via its acceptor arm (Figure 5B). In contrast, in all other structures to date and in our structures presented in this study, uL1 interacts with the E-tRNA via its T loop (Figure 5B). Therefore, given that the E\textsuperscript{exit} tRNA has no interactions with the 50S or 30S E sites and has minimal interactions with uL1, the E\textsuperscript{exit} conformation likely represents a state at a late point in E-tRNA dissociation from the ribosome (Fischer et al., 2010).

The E\textsuperscript{out} tRNA position we observe is distinct from the E\textsuperscript{exit} tRNA (Figure 5, compare E\textsuperscript{out} with E\textsuperscript{exit}). We propose that the E\textsuperscript{out} tRNA in our structure represents an on-pathway state earlier in its dissociation from the ribosome given the manner in which the uL1 interacts with the E\textsuperscript{out} tRNA and the conformational

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**Figure 4. uL1 Protein Conformations**

(A) The uL1 protein adopts a fully closed state when bound to P/E tRNA (uL1\textsuperscript{P/E}; PDB: 4V9H) and forms its most open state upon tRNA departing the ribosome (uL1\textsuperscript{exit}; PDB: 4V79). The 30S is shown in dark gray, the 50S in light gray, and the P-site tRNA in blue. The two E-tRNA states in this study are shown for comparison (E\textsuperscript{in} tRNA and E\textsuperscript{exit} tRNA).

(B) The same view as in the left panel of (A) except that E\textsuperscript{in} tRNA is included for reference. The displacement of uL1 protein from the uL1\textsuperscript{P/E} position when the uL1 protuberance is in its most closed position to the most open conformation as seen with uL1\textsuperscript{exit} is \(56\,\text{Å}\).

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**Figure 5. Comparison of E\textsuperscript{exit} tRNA with All E-tRNA States**

(A) The conformation of the E\textsuperscript{exit} tRNA (PDB: 4V79) compared with E\textsuperscript{in} tRNA and E\textsuperscript{out} tRNA (both from this study). The mRNA and P/P tRNA (PDB: 4V51) are shown for reference. In the right panel, a 90° rotation emphasizes the change in the position of the anticodon as indicated.

(B) A comparison of how E\textsuperscript{in} tRNA (this study), P/E tRNA (PDB: 4V9H), E\textsuperscript{out} tRNA (this study), and E\textsuperscript{exit} tRNA (PDB: 4V79) interact with uL1. The E\textsuperscript{in}, P/E, and E\textsuperscript{out} tRNA interact with uL1 via their T loops, while in the case of the E\textsuperscript{exit} tRNA (PDB: 4V79), the tRNA interacts with uL1 via its 3’ end and not through its T loop. All four E-site tRNA-uL1 pairs are shown in the same orientations on the ribosome. The far right uL1-E\textsuperscript{exit} tRNA panel is rotated 90° to emphasize the interaction with the acceptor arm of the tRNA.
trajectory of uL1in. As mentioned, uL1 interacts with Eout tRNA via its T loop in a manner consistent with all previously solved structures including a fully accommodated E-tRNA state (Ein) and a hybrid P/E tRNA state (Yusupov et al., 2001; Selmer et al., 2006; Korostelev et al., 2006; Dunkle et al., 2011) (Figure 5B). Additionally, uL1out also appears to be on the same trajectory as uL1in and uL1P/E (which contain Ein and P/E tRNAs, respectively), albeit at a later step (Figure 4). Taken together, these interactions suggest that our Eout tRNA is an on-pathway intermediate.

In light of studies demonstrating that GC-rich stem loops downstream of the decoding center slow translocation (Wen et al., 2008; Chen et al., 2013) and prevent hybrid state formation (Kim et al., 2014), the alternative location of the Eout tRNA in our structure provides insights into two possible ways that structured mRNAs may regulate this step of translation. First, our structure provides a rationale for how Eout tRNA interferes with and sterically blocks the movement of the P/P tRNA to a P/E hybrid state. Second, the interaction between the Eout tRNA and the 30S head domain may also restrict the intersubunit ratcheting that is required to move the tRNAs through the ribosome, consistent with studies showing that dnaX mRNA affects ribosome dynamics and results in –1 frameshifting (Qin et al., 2014; Kim et al., 2014; Chen et al., 2013, 2014). Thus, the inability to fully eject the E-tRNA in combination with the restriction of ribosome dynamics may lead to a programmed slowing of translocation (Chen et al., 2013) (Figure 6B).

STAR METHODS

Detailed methods are provided in the online version of this paper and include the following:

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SUPPLEMENTAL INFORMATION

Supplemental information includes five figures and can be found with this article online at https://doi.org/10.1016/j.str.2018.01.013.

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AUTHOR CONTRIBUTIONS

Y.Z.: acquisition of data, analysis and interpretation of data, revising the article; S.H.: analysis and interpretation of data, drafting and revising the article; A.R.: acquisition of data; G.S.: interpretation of data, revising the article; C.M.D.: conception and design, interpretation of data, drafting and revising the article.

DECLARATION OF INTERESTS

The authors declare no competing interest.

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REFERENCES


STAR METHODS

KEY RESOURCES TABLE

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<td><em>T. thermophilus</em> 70S ribosome in translocational intermediate state containing P/E tRNA</td>
<td>Tourigny et al., 2013</td>
<td>PDB code 4V9H</td>
</tr>
<tr>
<td><em>E. coli</em> 70S ribosome containing uL1\textsuperscript{Met} and E\textsuperscript{Met}tRNA</td>
<td>Bock et al., 2013</td>
<td>PDB code 4V79</td>
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<tr>
<td><em>T. thermophilus</em> 70S ribosome for extracting P/P tRNA</td>
<td>Selmer et al., 2006</td>
<td>PDB code 4V51</td>
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<tr>
<td><em>T. thermophilus</em> 70S ribosome in translocational intermediate (chimeric) state</td>
<td>Ratje et al., 2010</td>
<td>PDB code 4W29</td>
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<tr>
<td>70S ribosome containing E\textsuperscript{In}</td>
<td>This study</td>
<td>PDB code 5UQ7</td>
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<tr>
<td>70S ribosome containing E\textsuperscript{Out}</td>
<td>This study</td>
<td>PDB code 5UQ8</td>
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<td><strong>Software and Algorithms</strong></td>
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<td>MotionCorr</td>
<td>Li et al., 2015</td>
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<tr>
<td>CTFFIND3</td>
<td>Mindell and Grigorieff, 2003</td>
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<tr>
<td>ResMap</td>
<td>Kucukelbir et al., 2014</td>
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<td>RELION1.2</td>
<td>Scheres, 2012</td>
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<td>UCSF Chimera</td>
<td>Petersen et al., 2004</td>
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<td>COOT</td>
<td>Emsley et al., 2010</td>
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<tr>
<td>PHENIX 1.11.1-3575</td>
<td>Adams et al., 2010</td>
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</table>

CONTACT FOR REAGENT AND RESOURCE SHARING

Further information and requests may be directed to, and will be fulfilled by the Lead Author, Christine M. Dunham, Ph.D. (christine.m.dunham@emory.edu).

EXPERIMENTAL MODELS

*E. coli* MRE 600 70S ribosomes were purified as previously described (Fagan et al., 2014) with a few modifications. Briefly, cells were grown in LB to an OD\textsubscript{600} of ~0.7, cooled on ice for 20 min, and centrifuged for 10 min at 6,000 rpm at 4°C. The pellet was resuspended in buffer (100 mM NH\textsubscript{4}Cl, 10 mM MgCl\textsubscript{2}, 0.5 mM EDTA, 10 mM K-HEPES pH 7.6, 6 mM β-mercaptoethanol (β-Me), DNase I (10 units/mL lysate)), lysed in an EmulsiFlex cell disrutor and clarified by centrifugation (30 min at 70,000 x g). The supernatant was pelletted over a sucrose cushion (1.1 M sucrose, 500 mM NH\textsubscript{4}Cl, 10 mM MgCl\textsubscript{2}, 0.5 mM EDTA, 10 mM K-HEPES pH 7.6).
for 17 hrs at 158,000 x g at 4°C, the ribosome pellet was resuspended in buffer (400 mM KCl, 10 mM MgOAc, 1.5 M (NH₄)₂SO₄, 10 mM Tris-Cl pH 7.5) and applied to a Toyopearl butyl-650S column equilibrated in the same buffer. The ribosomes were purified using a reverse (NH₄)₂SO₄ gradient and further separated by zonal ultracentrifugation in a Ti15 zonal rotor with a 10%–40% sucrose gradient in buffer (50 mM KCl, 10 mM NH₄Cl, 10 mM MgCl₂, 0.25 mM EDTA, 10 mM K-HEPES pH 7.5). Fractions were pooled, dialyzed over-night into storage buffer (50 mM KCl, 10 mM NH₄Cl, 10 mM MgCl₂, 5 mM K-HEPES pH 7.5, and 6 mM β-Me), flash frozen in liquid nitrogen and stored in aliquots at −80°C.

*T. thermophilus* 70S ribosomes were purified as previously described (Selmer et al., 2006). Briefly, frozen cell paste was resuspended in buffer (100 mM NH₄Cl, 10 mM MgOAc, 0.5 mM EDTA, 20 mM K-HEPES pH 7.5, 6 mM β-Me; 1.5 ml/g), lysed in an EmulsiFlex cell disruptor and clarified by centrifugation (30 min at 70,000 x g), layered over a 1.1 M sucrose gradient and centrifuged at 40,000 rpm in a 45 Ti rotor for 17.5 hrs. The pellet was resuspended in buffer (400 mM KCl, 10 mM MgOAc, 1.5 M (NH₄)₂SO₄, 20 mM Tris-Cl, pH 7.5) and then applied to Toyopearl butyl-650S column equilibrated in the same buffer. The peak containing ribosomes was diluted two-fold in buffer (10 mM NH₄Cl, 10 mM MgOAc, 0.25 mM EDTA, 10 mM K-HEPES pH 7.5) and pelleted overnight by centrifugation at 40,000 rmp in a 45Ti rotor at 4°C. The ribosomes were separated by zonal ultracentrifugation in a Ti15 zonal rotor with a 10%–40% sucrose gradient in buffer (50 mM KCl, 10 mM NH₄Cl, 10 mM MgCl₂, 0.25 mM EDTA, 10 mM K-HEPES pH 7.5). The ribosomes were dialyzed into final storage buffer (50 mM KCl, 10 mM NH₄Cl, 10 mM MgOAc, 5 mM K-HEPES pH 7.5), concentrated, flash frozen in liquid nitrogen and stored in aliquots at −80°C.

**METHOD DETAILS**

**RNA Structure Probing Assays**

The mRNA containing a 3’ stem-loop was a kind gift from the Cornish lab (Qin et al., 2014). The pUC19 plasmid was overexpressed and purified, digested with BamHI, further purified, in vitro transcribed, purified by denaturing PAGE and refolded according to standard protocols (Linpinsel and Conn, 2012). The mRNA produced is 86 nucleotides and contains a Shine-Dalgarno sequence (underlined), an AUG start codon (bold) and a 3’ stem-loop sequence (italicized) (5’-GGUAAGGA

**Electron CryoMicroscopy**

3.5 μL aliquots of ~50 nM *T. thermophilus* 70S complexes were applied to a glow-discharged holey carbon grid (Quantifoil R2/2, 200 mesh) coated with continuous thin carbon film, and subsequently vitrified using a Vitrobot Mark IV (FEI Company). The specimen was visualized with a Titan Krios electron microscope (FEI) operating at 300 kV accelerating voltage, at a nominal magnification of 29,000X using a K2 Summit direct electron detector (Gatan, Inc.) in counting mode, corresponding to a pixel size of 1.0 Å on the specimen level. Images were recorded with defocus values in the range of 0.6 to 2.5 μm and a dose rate of ~5.0 electrons per Å² per second. The total exposure time was set to 6.0 s and intermediate frames were recorded every 0.1 s resulting in an accumulated dose of ~30 electrons per Å² and a total of 60 frames per micrograph.
QUANTIFICATION AND STATISTICAL ANALYSIS

Image Processing
A total of 3,071 cryo-EM images were recorded during one microscope session. Each image movie stack was subjected to whole-frame motion correction using MotionCorr (Li et al., 2015), and then evaluated to remove micrographs with obvious astigmatism and Thon ring profiles showing lower than ~3 Å resolution. A sum of all frames in each image stack of 2,640 micrographs was used for further processing. CTF parameters for each micrograph were determined by CTFFIND3 (Mindell and Grigorieff, 2003).

Particle extraction, two-dimensional classification and three-dimensional classification were performed using RELION1.2 (Scheres, 2012) with a binned dataset at a pixel size of 2 Å and a box size of 192 X 192 pixels as previously described with minor modification (Shalev-Benami et al., 2016). In total, 294,286 particles were extracted using semi-automated particle picking. Reference-free two-dimensional classification was used to discard non-ribosomal or damaged particles. Unsupervised three-dimensional classifications with a 60-Å low-pass filtered cryo-EM map of T. thermophilus 70S ribosome (emdb 2277) as initial reference was performed to sort conformational and compositional heterogeneity. The first round of three-dimensional classification was run with 8 classes, resulting in 58,434 particles containing the intact 70S ribosome in presence of P- and E-tRNAs. A further round of three-dimensional classification with alignment focusing on E-tRNA was performed to differentiate conformers of E\text{out} and E\text{in}.

Statistical single-particle movie processing was performed in RELION 1.2 at a pixel size of 1 Å per pixel and a box size of 384 X 384 pixels, in which all the frames in image stack were used, running averages was set to 5 and standard deviation to one pixel for the translational alignment. In addition, a resolution-dependent radiation damage model was used to weight B-factor for each movie frame by calculating independent half-reconstructions for each frame separately. The resulting “polished” particles were used for the final refinement, resulting in the maps of E\text{out} and E\text{in} with a nominal global resolution of 3.2 Å and 3.5 Å, respectively.

Model Building and Refinement
For initial model building, the coordinates of T. thermophilus 70S ribosome (PDB code 4Y4O) were rigid-docked into cryo-EM maps using UCSF Chimera (Pettersen et al., 2004). tRNA coordinates for P and E sites were manually fit using COOT (Emsley et al., 2010). Because the original 70S model lacked the coordinates for the uL1 protein, the coordinates containing 23S rRNA and uL1 protein were extracted from a previously solved ribosome structure (PDB code 4V5F), aligned to the uL1 stalk region of the initially docked 70S ribosome, rebuilt in COOT. The assembled complex was then subjected to real space rigid body refinement in PHENIX (Adams et al., 2010)(Table 1). Model overfitting was evaluated through its refinement against one of two cryo-EM half maps. FSC curves were calculated between the resulting model and the half map used for refinement (red curve, Figure S2C-related to Figure 1), as well as between the resulting model and the other half map for cross-validation (green curve, Figure S2C-related to Figure 1). Coordinates for mRNA were then manually built into the refined model.

Reported resolutions are based on the gold-standard Fourier shell correlation (FSC) value of 0.143. High-resolution noise substitution was used to correct for the effects of soft masking on the FSC curves. All density maps were corrected for the modulation transfer function (MTF) of the K2 Summit direct detector and then sharpened by applying a negative B-factor estimated using automated procedures. Local resolution was determined using ResMap (Kucukelbir et al., 2014) with half-reconstructions as input maps.

DATA AND SOFTWARE AVAILABILITY
Please refer to the Key Resources Table section above.

ADDITIONAL RESOURCES
All deposited coordinates discussed here can be found in the RCSB Protein Data Bank (http://www.rcsb.org) or Protein Data Bank in Europe (http://www.ebi.ac.uk/pdbe/) under PDB codes 5UQ7 and 5UQ8.